

# Serenity Sentinel

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## EDITORIAL

### In Our Time

By Richard P. Goodwin

*The one hundred and twenty-two year history of Modern Spiritualism records great enlightened souls who have served this glorious truth. These selfless dedicated servants of God, working against the forces of ignorance and superstition have willingly sacrificed the pleasures of this world in order to free mankind from his bondage and slavery.*

*In our time one of these great spiritual teachers has brightened the lives and freed the souls of untold numbers. This spiritual leader, has indeed left her footprints on the sands of time, showing the way to the land of merit known as heaven.*

*For over half a century her dedication to duty to God and the angel world has been a living demonstration of the truth of Modern Spiritualism and the path of enlightenment.*

*With her passing to the realms of promise, a deep sense of responsibility has awakened in the souls of thousands who knew and loved her. This sense of responsibility*

*speaking through the conscience of those she helped and guided will carry on the work that she so beautifully demonstrated and gave to those in need.*

*May the spirit of our beloved pastor; Reverend Florence S. Becker ever be the guiding light shining in this world of darkness and may the humble house of God which she founded, continue to unite all humanity.*

## **Declaration of Principles, NSAC**

**WE AFFIRM THAT A CORRECT UNDERSTANDING OF SUCH EXPRESSION AND LIVING IN ACCORDANCE THEREWITH CONSTITUTE TRUE RELIGION.**

A correct understanding of the laws of nature on the physical, mental and spiritual planes of life and living in accordance therewith will unfold the highest aspirations and attributes of the Soul, which is the correct function of True Religion.

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Opinions expressed are not necessarily those of the Sentinel. All unsolicited manuscripts must be accompanied by self-addressed stamped return envelope. We cannot assume responsibility for their safety.

# The Spiritual Way to Meet Each Day

By Doris Worthington

Thank you, Father, for Thy Presence, which fills my being and expresses Thy Perfect Purposes in EVERY ASPECT of my life and all life - in all people and throughout nature and the world and because Thou art with me . . .

I begin this day centered in deep peace, radiant with love, energy, courage and confidence and in tolerance and understanding. I know that all things are working for my highest and eternal good and every experience today, is designed to that end. I expect this - I KNOW this.

Every person I meet shall receive the friendship which springs from Thee. There shall be a smile on my lips, a light in my eyes and with care and consideration, everyone shall be blessed as I commune with them in love.

Each experience will be met with joy and thanksgiving and I shall know Thy purpose in it. You, dear Lord, have gone before me to open every locked door, to bring me the challenges and the opportunities that I need. Every moment of my life will be precious to me, as a gift from Thee. Give me the wisdom to appreciate this - the very breath of life itself, for I would not be here, were it not for Thee.

My problems are the stepping stones to their solution; my victories strengthen me for new adven-

tures, each to be met with renewed courage, for I know I stand not alone, and I shall succeed and prosper as I serve Thee, so shall my life become more harmonious, more peaceful, more rewarding.

Fearless, happy and content, I share my thoughts, words, deeds and substance with all, and thus return Thy gifts, that they may multiply in the world.

Thou art my health and strength and courage - my love and my peace of mind. All that I am, all my hopes and needs and all that I hope to become, are laid in glad surrender before Thee.

I rejoice and am exceedingly glad that today - this day - this moment - right NOW - all things are working for my good - all my hopes and dreams and needs are being met - RIGHT NOW. I give thanks with heartfelt humbleness that you have received me with open arms and that we do, in fact, walk hand in hand. How grateful I am - how privileged I am.

I thank you Father, Mother God, for everything . . . I cannot say more, excepting to just take my life and help me to expend it with joy and thanksgiving to fulfill Thy perfect plan for me - whatever it may be.

May I always be aware of Thy Great Presence and be ashamed, should I ever dare complain that I stand alone - and that 'no one understands.'

My heart is filled to overflowing with love for Thee and gratitude, and may I never fail you in the fulfilling of Thy will. May I ever stand aside from my own selfish purposes and distraught emotions and in that manner, let Thy light radiate thru my entire being - cleansing and making light out of darkness.

## THE TEACHINGS OF JESUS (Continued)

### The Truth Shall Set You Free

By Erickson Lewis

As a man thinketh so is he; for the fruits of his labours will be found in the outward expression of his earthly being.

It is thru this knowledge of the Book of Life that the inroads to the development of the physical and spiritual susceptibility of the human being is attained. For mediumship is but a part of this school of learning. . .the final attainment being the manifestation of the ethereal demonstration of the Real True Self on either the 3.rd or 4.th planes of material existence.

Man is a Son of the Solarial Sun God of this Solar System and is the only God that he will ever see on this plane of matter. Therefore he must learn how to be that God for which he was created and given command over all things that are on the earth **Ref. Gen. 1-28.** If this was the original intent of the Creator; then how far has man degenerated from the initial plan, to which he must return or perish.

What then was the Word that Jesus said for us to continue, and which would make us a disciple.

To answer this question, one can only refer to the Holy Bible as the source of information, as there are no written records of what the Master himself may have authored.

We should therefore accept the words as written and of their essence of truth that may reflect on our soul consciousness; for in the final reckoning the soul is the tabulator of all truth.

The First important truth given was mentioned in **John 3-13.** and is the answer to the question of mans source of origin, above this mortal plane. . . and I quote "No man hath ascended up to heaven, but he that came down from heaven, even the Son of Man which is in heaven".

This is proof that the ethereal man descended from the 4.th dimension into 3.rd dimensional matter called flesh. . . and that the basis of spirit or ethereal communication is the ability of the ethereal in the flesh to manifest to the ethereal of the 4.th. dimension.

To a Spiritualist this is an important fact that substantiates the proof of Spirit-communication, being possible and factual.

**John 4-24.** Reveals a fact of truth in the words that "God is a Spirit; and they that worship him must worship him in spirit and in truth". Is not then this worship, that of a Spiritualist, he believing in the power of spirit.

**John 5-26.** states "For as the Father hath Life in himself so hath he given to the Son to have life in himself. . .How many understand the truth of these words. That the Life is the power to recreate in the image of himself after the creators fashion, for man in the beginning was Androgynous and continued to be so until inter-marriage with mortal beings of the 3.rd plane of matter. **Ref. Gen. 6-4.**

(Continued on page 20)

## **MEDIUMSHIP EXPLAINED**

### **What Is Mediumship?**

**By E. W. & M. H. Wallis**

The fundamental laws of life are those of attraction and repulsion, and where psychic spheres can be attuned, and vibrate in harmony, community of sensation can be established and thought can be transmitted from mind to mind, whether the transference occurs between two persons upon this plane of existence or between a sensitive medium and an exanimate spirit.

No one is or can be wholly independent. We inevitably attract congenial unseen influences, and become related to people in or out of the body, acting upon them psychically and in turn responding to their thoughts and influence. Action and reaction are constantly going on in this way; we may co-operate - dominate or be dominated - quite unconsciously, but the interaction is taking place all the same. It is necessary, therefore, that we should be aware of the fact, that we may take steps to guard ourselves against the intrusion into our thought-life of injurious influences, and at the same time determine to become factors for good by the intelligent exercise of our influence over others. There must be a reason why in our relationships with each other we establish certain instantaneous sympathetic conditions, and are attracted to and

harmonise with certain individuals, while others are repugnant and distasteful to us. These conditions do not always last, nor is it well that they should. At times we may be closely drawn to certain persons and be repelled by them at other stages in our career.

### *Vibrations*

All our sensations are due to the impact upon our sense-organs of vibrations in some form. Variations in the strength and rapidity of these vibrations constitute the difference in our perceptions. Our range of response is but a limited one. Some vibrations are too rapid and some too slow to affect our senses, and therefore we have called to our aid various mechanical contrivances which enable us to recognise existences which would otherwise remain unknown. But it is still conceivable that there may be, and doubtless are, conditions of the vibratory energy that escape us, and which, if we could develop finer senses, would yield wonderful results and extensions of our power and knowledge. In psychic science, or by spiritual unfoldment, we are coming into relation with forces, possibilities, and personalities which amount to a revelation of the spiritual universe. As J. Page Hopps very beautifully puts it: "It is indeed true that 'things are not what they seem'"; but everything is what it seems to be only because of its plane of being, and that is determined by its vibrations. On one plane there is a certain vibratory value of speed: on another plane, a different one: but a plane is not a place but a state: so

(Continued on Page 14)

## **SPIRITUALISM: The Religion of Self-Culture**

### **Becoming A Spiritualist**

**By H. Gordon Burroughs**

Mankind is consciously or unconsciously seeking to live in harmony with life on the earth plane. Spiritualism teaches that to livethus, each individual must find his own way and that each is personally responsible for harmony or inharmony in accordance with the way that he obeys or disobeys Infinite Law. It has been said that many roads lead to Rome; in like manner, many paths are traveled by the seeker of truth before he finds this wonderful harmony and kingdom of contentment. However, out of his desire to find, to know, man has established creeds and religious systems each containing some truths or half-truths necessarily limited because God was interpreted as being outside of man's self.

Through the teachings of Spiritualism, the seeker realizes that to find God or Good he must constantly look within. When God is found there, man will see the manifestation of Infinite Intelligence everywhere. When man becomes free from the limitation of religious prejudice and past dogmas and begins to grow, he encounters many obstacles; but if he has sought carefully to find the truth, he recognizes that jealousy, hatred, envy, and greed are but manifestations of individual selfishness and that

they must be cast out before one can go far on the path. It is usually very difficult to recognize these qualities within one's self, but the sincere seeker shrinks not. Through his desire for good, he will rise above the selfishness within himself and better understand the suffering of others. Through the broader view of life as presented by the philosophy of Spiritualism, he will recognize sorrow as well as happiness to be a part of his training in growth to higher things.

It is through these experiences that the seeker will begin to see and understand the working of the divine plan of Infinite Intelligence which governs all things. The seeker of truth, having gone through the struggle, will welcome the great task of helping others on the way of life. As this desire begins to manifest, it will attract to him all who are seeking to know truth. In this way each person becomes a savior; and because it is the unchanging law of Infinite Intelligence, he will unselfishly give to the world the best he has and so will continue to grow to a greater understanding and gain greater self-development. By being of service here on the earth plane, he renders service to Infinite Intelligence; and in so doing, he achieves greater happiness here as well as hereafter.

Spiritualism teaches further that for the individual to be of the greatest good to himself and to his fellow men, he must develop a faculty of being receptive to the finer vibrations that may come to him from out the great universe. As a means of attaining spiritual receptivity, he must put himself, through right thinking and right living, in the position of

receiving that which is communicated to him. He must, furthermore, be able to recognize truth in all its forms, however presented.

Let it be stated again, that the first requisite for acquiring this great gift of receptivity, which is so necessary if the seeker after truth wishes to attain health, happiness, and success, is correct and constructive thinking. There are many ways of receiving impressions and communications, the most common of which are through the five physical senses. But outside of these senses there is lying dormant within every human being the power of receiving from the great reservoir of Infinite Intelligence from which can be supplied all human needs. Here all true knowledge is waiting to be drawn upon by every child of this great universe. This, the spiritual sense, must be developed more fully in order that man can receive what is for his good, not only in this life but in the future life. To those who accept its philosophy, Spiritualism through its teachings points the way to this development.

The student desiring this development should enter the silence for a few minutes each day, relaxing the body and mind, forgetting the toil of the day, and repeating the following: "I know that more things are wrought by prayer than this world dreams of; therefore, my voice will rise like a fountain in prayer for myself, for those whom I call friends, and for all mankind. O Infinite Intelligence, Ruler of the Universe, make me more receptive to Thy blessings and to Thee. May I be more conscious of the great knowledge around and about me; and may I, as I grow more able to know Thee, receive bountifully from Thee, that I may impart real knowledge

to my fellow men.”

Through the development of spiritual receptivity, the seeker becomes more aware of changes taking place within himself. He feels confident; he feels efficient; a greater capacity for joy is developed and a keener desire and a greater capacity for work. He recognizes a power heretofore latent; he has an inner knowing of being capable of doing that which he desires to do. He has, in other words, begun to arrive.

**To be Continued**

### **MEDIUMSHIP (Continued from page 10)**

that two utterly different planes of being might co-exist in the same place and be entirely unknown to one another. That seems absurd, but it is a scientific truth, and many authorities have endorsed it, notably Jevons, who, in his “Principles of Science,” says: “There may be, right here and now, passing through us and this world, some planet invisible to us, with mountains, oceans, lakes, rivers, cities, and inhabitants:” and we not know anything of it all. What a suggestion there is in that as to the difference between a spirit embodied and a spirit disembodied!

**To be Continued**

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## FROM FIRE MIST TO MAN

# Evolution Spiritually Interpreted

By Andrew Jackson Davis

### *Crystallization Forms Angular Particles*

It is a well-established fact, that every substance in a state of crystallization possesses forms which it never again assumes after being dissolved in a fluid or gaseous state. The first stages of crystallization in every substance demonstrate the angular form of every particle. And when dissolved and again condensed there is produced a finer and more perfect form of crystal, proving that as atoms ascend from the lowest to the higher stages of formation they assume a more perfect form.

How easy it is, therefore, to discover why a formation like that of granite should have been the first produced. It is because the original atoms were angular, these being the lowest and most imperfect, take the first point in formation. The later formations display new compounds, new conditions and appearances; but they contain no substances that granite does not contain. Therefore no elements have been brought into being during the successive stages of formation which did not exist in the beginning, and all the difference existing between the higher and lower substances is owing to a change in form and composition of particles.

## *Upward Trend of Atoms*

Every form and association of atoms, whether in a small or large body, has a previous correspondent. And every correspondent is a type, symbol and representative of higher and more perfect spheres than that which it occupies. This incessant motion, and the various stages which each atom is destined and compelled to pass through, are only means used to produce higher states of refinement and perfection.

No quality, substance, or essence, ever occupies a state below that which it previously occupied; but the space that it previously filled is supplied by some kindred substance or element that has become fitted to occupy the same place; while the substance or principle that has occupied that place, progresses onward and upward to higher spheres of purity and refinement.

Therefore the lowest of all things contains the highest and most perfect. And when the highest becomes developed it is capable of pervading and comprehending all below its exalted state of perfection. Thus by properly understanding one atom with all its constituents, the mind would comprehend the globe. And a proper conception of a globe would lead to a knowledge of the Center around which it revolves.

Many elements, combinations, and principles, appear externally dissimilar. Disorder and confusion are apparently everywhere visible. General and special interferences are seemingly existing, when things are particularly and minutely considered. But when the grand general contemplation of the great System of eternal formations, with their

attributes and characteristics, is presented to the mind it carries the impression of Truth and of the superlative harmony and calm tranquility that are existing in every department of the Universe and eternity!

*Everything Passes from Lower to Higher*

All things are energetically, yet quietly passing from a lower stage of being to a higher and more perfect one; and all qualities and essences, controlled by the Omnipotent Actuator, are likewise performing their revolutions with an inconceivable power, yet are apparently motionless, calm and tranquil.

And throughout immensity there is a perfect unity, harmony and reciprocation. There is no unjust absorption; no destroying or annihilating of one body or particle for the immediate or isolated and selfish supply of another; no unequitable drawing from any parts, qualities or elements to sustain others. But all give to and take from each other that which is necessary to each. All are incessantly changing and exchanging, acting and reacting, organizing and reorganizing mutually throughout the realms of infinite space! All is harmony, peace and quietness. All things were eternally established with the inexpressible perfection of these attributes and qualities, and consequently are eternally manifesting the same throughout the multifarious forms of immensity!

And all things are indices of the great Supernal Power. The almighty and everlasting Perfection that inhabits the vortex of eternity, and is constantly and eternally breathing forth these inexpressible excellences, whose breath is as a mighty fiat rolling

into being unnumbered systems of worlds, forms and entities; and the character of whose emanations is expressed in the tranquil manifestations that are observed in every form and motion in the Universe!

**A SERIES OF QUESTIONS AND ANSWERS**  
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**Interesting Spiritual Topics**

**A Catechism of Spiritual Philosophy**

**By W. J. Colville**

**Q. What do you understand by Clairaudience?**

**A.** Clairaudience simply means clear hearing, precisely as clairvoyance means clear sight.

**Q. Is everyone clairaudient, or can everyone become so?**

**A.** As clairaudience signifies unusual ability to hear sounds ordinarily unheard, everyone cannot be at present in a clairaudient condition, but it is possible that all persons may be able to cultivate clairaudience if they so desire.

**Q. Are children in these days sometimes clairaudient as they were in days of old?**

**A.** Decidedly they are, and it often happens that when they are so they are greatly misunderstood, and a genuine spiritual endowment is mistaken for some form of disorder.

**Q. How does clairaudience generally manifest itself?**

**A.** By a natural appeal to the sense of hearing,

but in such a manner as to produce no such impression upon the common outer atmosphere as to render the sounds intelligible to the ordinary ear.

**Q. Do you think that all sounds heard clairaudiently emanate from spiritual entities?**

**A.** As we are all spiritual entities here and now, and always in possession of psychic faculties, it is quite reasonable to decide on the basis of varied evidence that though we often receive communications from our spirit friends clairaudiently, we also sometimes receive telepathic messages in the same manner from persons still in the flesh.

**Q. How can you scientifically account for clairaudience?**

**A.** In the first place by acknowledging that there are many rates of vibration beyond those we ordinarily detect. Scientific instruments have frequently recorded impressions made by sound undetected by the most diligent listeners.

**To be Continued**

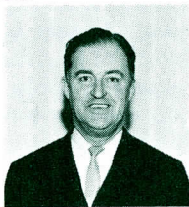
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## TEACHINGS OF JESUS (Continued from page 8)

**John 6-37.** seems to negate any previous claim that mortals have communicated with God in that Jesus stated "Ye have neither heard his voice at any time, nor seen his shape." Naturally when one reads the Old Testament a conflict of statements may occur in the name of Jehovah and God of the Israelites.

**John 6-46.** presents a problem in that it may seem that Jesus contradicts himself in the statement "Not that any man hath seen the Father, save he which is of God, he hath seen the Father." Who then is the man of God in reference; but none other who is in commune with the power of spirit. A man who lives now in the realms of Natural Law in all aspects is a man of God. . . for he liveth by God's Laws and is as of God. . . for the spirit of God pervades all matter and life on this earthly plane.

**John 6-62** supports **John 3-13** in the pre-existence of mortal man. . . and the basic foundations of the teachings of Jesus deals with the ethereal origin of man and of his own source of creation.

The student of truth may realize from the above statements that any deep study of the Ancient Mysteries of Life may be in contradiction to the accepted theology of Christian Churches and that the reason for silence in public was well founded by the Master. It still prevails today, and any trend to diminish the power and authority of the churches and governing bodies by the disclosure of the truth that sets man free from the bondage of dogmatism. . . is ill received.

Be ever ready and willing to change.

# CALENDAR OF EVENTS

2nd & 4th Saturday . . . . . Seminar  
3rd Tuesday . . . . . Men's Club  
3rd Wednesday . . . . . Serenity Sewing Circle  
4th Friday . . . . . Lyceum Class

*October 10. . . . . Seminar*  
*October 20. . . . . Men's Club*  
*October 21. . . . . Serenity Sewing Circle*  
*October 24. . . . . Seminar*  
*October 30. . . . . Lyceum Class*

*November 14. . . . . Seminar*  
*November 17. . . . . Men's Club*  
*November 18. . . . . Serenity Sewing Circle*  
*November 27. . . . . Lyceum Class*  
*November 28. . . . . Seminar*

*December 12 . . . . . Seminar*  
*December 15 . . . . . Men's Club*  
*December 16 . . . . . Serenity Sewing Circle*  
*December 18 \* . . . . . Lyceum Christmas Party*  
*December 19 \* . . . . . Christmas Dinner Social*

# THE BROTHERHOOD SPIRITUALIST CHURCH OF ALAMEDA

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Roy Crum, Pres.

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In Memoriam  
Florence S. Becker



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